



the **motion**  
movement

6.20.26 | 11 AM

THANK YOU!

**To the MTDS Community –**

This year has been one of growth and change. We welcomed new students and staff members, continued to expand our programs, and strengthened the sense of community that makes MTDS so special.

Personally, I stepped away for a period of time this season to welcome my son, Cade. While being away wasn't easy, I was incredibly grateful to see MTDS continue to thrive in my absence. Watching our staff lead with care, our students continue to grow, and our families support one another reaffirmed what I have always believed about this studio: it is built on far more than dance. It is built on trust, passion for dance, and community.

Returning this spring has filled me with renewed motivation and gratitude— I am so excited for everything ahead. Thank you for another amazing season.

Your commitment and belief in our mission have helped shape MTDS into what it is today. We can't wait for what's ahead— summer programs, a new season, and all the memories still waiting to be made.

*-Miss Cort*

# MTDS STAFF



**Cortney  
Woodman**  
Owner and Director



**Elizabeth  
Stanley**



**Alysha  
Elie**



**Andrea  
Souza**



**Jessie  
Payson**



**Anna  
Dankel**



**Sara  
Almeida**



**Kaitlyn  
Lindquist**

## **Front Desk Staff + Interns**

Sydney Drugan  
Avery Smith  
Cecelia Trahan

## **Volunteers**

Thank you to the Puza and Woodman families, John Collins, our incredible MTDS volunteers, and alumni for helping bring this show to life. We truly couldn't do it without you!

## **Program Design + Photography**

Chelsey Puza Photography



SCAN FOR  
DIGITAL PROGRAM

# AWARDS

## 5 YEARS

Lucy Amaral  
Alice Art  
Lilah Boutwell  
Jade Cordeiro  
Zoe Costa  
Mila DeBarros  
Roya DeMelo  
Adriana DuBois  
Marielle DuBois  
Mila Gardner  
Lily Griffith

Isabella Kallevik  
Ella Paulino  
Aida Payson  
Evelyn Pelland  
Nora Rossi  
Madilyn Silva  
Marielle Szyndlar  
Eden Vaz  
Ellieanna Zecco  
Mia Zecco

## 7 YEARS

Skye Bright  
Brooklyn Collins  
Addilyn Costa  
Kennedi Furtado  
Khloe Gifford  
Eloise Niles  
Hailey Patnaude  
Leah Pimental

Emery Rocheleau  
Sloane Santos  
Juliana Vieira  
Milania Viveiros

## 10 YEARS

Gianna Collins  
Alaina Lavoie  
Morgan Rocha  
Avery Vieira

## 12 YEARS

A'mya Acevedo  
Cecelia Trahan

*Congratulations*  
**CLASS OF 2026**



**ARDEN DENNEHY** | 13 YEARS  
QUINNIPIAC UNIVERSITY  
NURSING

**CECELIA TRAHAN** | 12 YEARS  
UMASS AMHERST  
COMMUNICATIONS

**AVERY SMITH** | 11 YEARS  
PENN STATE  
NURSING

## **WELCOME TO OUR SHOW!**

### **1. HE LIVES IN YOU**

Juliana Barroqueiro, Elle Brightman, Gianna Collins, Reese Crook, Arden Dennehy, Raegan Eckstrom, Avery Parker, Lainey Powers, Morgan Rocha, Madelyn Sedgwick, Reagan Sedgwick, Avery Smith, Cecelia Trahan

### **2. THE ZONE**

Aundrea Olmeda

### **3. VOGUE**

Mila DeBarros, Emory Perry, Nora Rossi, Sloane Santos, Eden Vaz

### **4. MAKE IT LOOK EASY**

Skye Bright, Brooklyn Collins

### **5. DEFYING GRAVITY**

Claire Bernardini, Lily Griffith, Ella Paulino, Leah Pimental, Emery Rocheleau, Madilyn Silva

### **6. STRUT**

Cora Bernardini, Lilah Boutwell, Cali Bright, Alexandra Cohen, Roya DeMelo, Adrianna DuBois, Kennedy Furtado, Mila Gardner, Eloise Niles, Marielle Szyndlar, Eden Vaz, Ellieanna Zecco

### **7. HEAD ABOVE WATER**

Willow Niles

### **8. SINGING IN THE RAIN**

Charlotte Adams, Scarlett Amaral, Phoenix Lane, Savannah Torres, Evelyn Vieira

### **9. BELIEVE**

Vivian Baptista, Kendyll Nelson, Isabella Rego, Olive Simmons, Ella Yarmac

### **10. FALL ON ME**

Skye Bright, Alexandra Cohen, Charlee Coleman, Brooklyn Collins, Elizabeth Frois, Khloe Gifford, Hattie Parker

## **11. START THE PARTY**

Lucy Amaral, Adelina Fei, Leora Linsley, Hanna Sylvia

## **12. MICROPHONE**

Aria Azevedo, Claire Bernardini, Reese Crook, Raegan Eckstrom, Lily Griffith, Willow Niles, Aundrea Olmeda, Ella Paulino, Leah Pimental, Morgan Rocha, Emery Rocheleau, Madilyn Silva, Milania Viveiros

## **13. DO WHAT I DO**

Charlee Coleman

## **14. TEAM**

Cora Bernardini, Lilah Boutwell, Cali Bright, Alexandra Cohen, Roya DeMelo, Adrianna DuBois, Kennedy Furtado, Khloe Gifford, Eloise Niles, Willow Niles, Marielle Szyndlar, Eden Vaz, Ellieanna Zecco

## **15. ANGEL BY THE WINGS**

Reese Crook

## **16. SUPERSTAR**

Alaina Lavoie, Hattie Lavoie, Kendyll Nelson, Nora Rossi, Olive Simmons, Ella Yarmac

## **17. WHEN YOU WISH UPON A STAR**

Charlotte Adams, Scarlett Amaral, Phoenix Lane, Savannah Torres, Evelyn Vieira

## **18. BRAVE**

Ella Paulino

## **19. INSTRUCTION**

Skye Bright, Charlee Coleman, Brooklyn Collins, Khloe Gifford

## **20. FOOTPRINTS IN THE SAND**

Jasmine Collins, Mila DeBarros, Julia Franzese, Kennedy Furtado, Emory Perry, Juniper Pogash, Isabella Rego, Nora Rossi, Eden St Jacques, Eden Vaz, Avery Vieira, Ella Yarmac

**21. YELLOW**

Raegan Eckstrom

**22. PAPER CUT**

Arden Dennehy, Madelyn Sedgwick, Avery Smith, Cecelia Trahan

**23. PROUD**

Aria Azevedo

**24. POP**

Adrianna DuBois, Kennedy Furtado, Khloe Gifford, Lily Griffith, Willow Niles, Leah Pimental, Emery Rocheleau, Milania Viveiros

**25. I LOOK TO YOU**

Reese Crook, Raegan Eckstrom, Morgan Rocha

**26. SIGN OF THE TIMES**

Mila DeBarros, Emory Perry, Nora Rossi, Sloane Santos, Eden Vaz

**27. REFLECTION**

Claire Bernardini, Skye Bright, Charlee Coleman, Brooklyn Collins, Lily Griffith, Ella Paulino, Leah Pimental, Emery Rocheleau, Madilyn Silva, Milania Viveiros

**28. CRAZY TRAIN**

Morgan Rocha

**29. LANDSLIDE**

Lucy Amaral, Jade DAgostine, Adelina Fei, Leora Linsley, Hanna Sylvia

**30. I HOPE I GET IT**

Elizabeth Frois, Ella McDonald, Hattie Parker

**31. TURN IT UP**

Vivian Baptista, Olivia Bizarro, Alexandra Cohen, Kennedy Furtado, Sara Horgan, Isabella Rego, Sloane Santos, Olive Simmons, Eden St Jacques, Eden Vaz

### **32. YOU SAY**

Milania Viveiros

### **33. DIAMONDS**

Sofia Amaral, Jasmine Collins, Mila DeBarros, Julia Franzese, Hattie Parker, Juniper Pogash, Nora Rossi, Eden St Jacques

### **34. ALMOST THERE**

Lucy Amaral, Jade D'Agostine, Adelina Fei, Leora Linsley, Hanna Sylvia

### **35. ARE YOU READY**

Leah Pimental

### **36. GERONIMO**

Claire Bernardini, Skye Bright, Charlee Coleman, Brooklyn Collins, Gianna Collins, Reese Crook, Raegan Eckstrom, Elizabeth Frois, Ella McDonald, Aundrea Olmeda, Avery Parker, Ella Paulino, Morgan Rocha

### **37. ORDINARY MIRACLE**

Emery Rocheleau

### **38. LOSE CONTROL**

Sofia Amaral, Addilyn Costa, Mila DeBarros, Ariana Faulkner, Nora Rossi, Avery Vieira

### **39. MY BEST FOR YOU**

Aria Azevedo, Reese Crook, Raegan Eckstrom, Willow Niles, Aundrea Olmeda, Morgan Rocha, Milania Viveiros

### **40. BAD THOUGHTS**

Claire Bernardini

#### **41. VILLAGES**

A'mya Acevedo, Juliana Barroqueiro, Elle Brightman, Gianna Collins, Arden Dennehy, Avery Parker, Lainey Powers, Madelyn Sedgwick, Reagan Sedgwick, Avery Smith, Cecelia Trahan, Hannah Woodman

#### **42. ELEMENTS**

Aria Azevedo, Claire Bernardini, Skye Bright, Charlee Coleman, Brooklyn Collins, Reese Crook, Raegan Eckstrom, Khloe Gifford, Lily Griffith, Willow Niles, Aundrea Olmeda, Ella Paulino, Leah Pimental, Morgan Rocha, Emery Rocheleau, Madilyn Silva, Milania Viveiros

## **FINALE**

**AVERY SMITH**



Avery,  
As you take the stage one last time, I hope you pause and take it all in, the lights, the music, the lifelong friendships, the excitement, and ALL the memories you've created along the way. These years may have flown by, but the moments will stay with us forever. Go out there and shine as you always do! We love you so much!

Love,  
Mom, Dad, Kenzie and Aiden



Addy, we admire how dedicated you are to dance and truly enjoy watching you do what you love!

Elly, you might like karate kicks more than dance kicks, but you really do sparkle on stage!

Hope you both have fun up there. We love you!



**ADDY & ELLY**

Edith, our beautiful dancer, we are so proud of you and we love to watch you shine on the stage!

Love always,  
Mama, Dad, and Ethan



**EDITH NUNES**

### TEEN APPRENTICE TEAM



Miss Lizzie and the MTDS Staff,  
We are absolutely blown away by this trio!  
You captured the girls' personalities  
perfectly, and we truly appreciate the  
thoughtfulness you put into creating a  
piece that fits them so well. The girls had  
such a great time coming to dance each  
week to work on this dance with you!

Girls,  
Congratulations on a stellar season! Your  
dedication is evident, and this trio's well-  
deserved accolades are the perfect  
reflection of your effort. We are so proud  
of you, always.

Love, your families

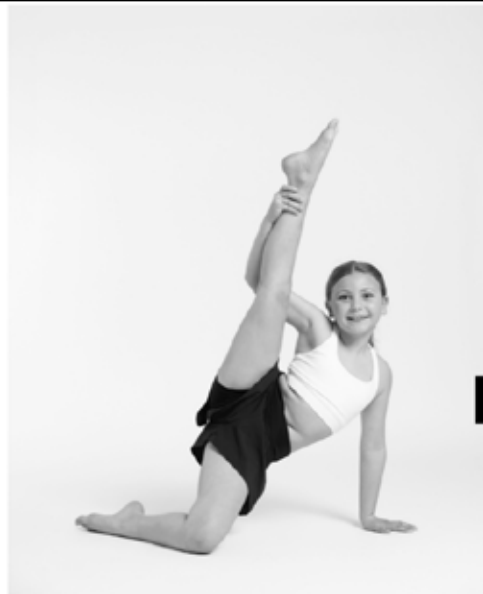
### KIARA BARBOSA



**Kiara we are very proud of all you have  
accomplished this year!**

To our fearless little performer – your sass, sparkle, and fierce facials make every dance unforgettable. Keep being bold, brave and beautifully YOU. We love watching you shine!

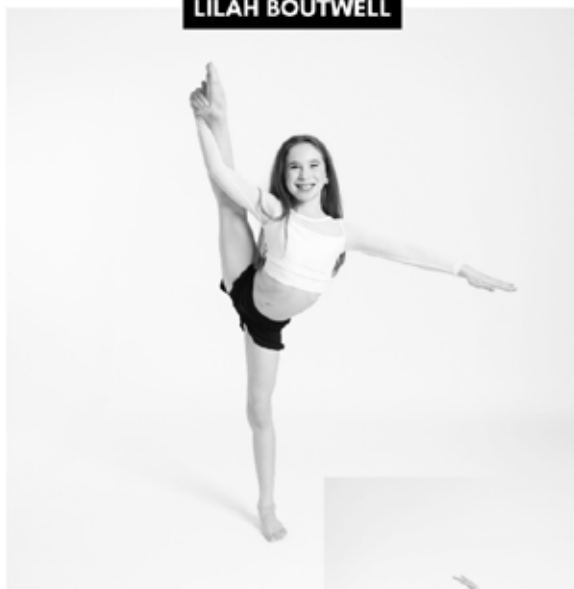
Love,  
Mom, Dad and Maddie



**MILA GARDNER**



**LILAH BOUTWELL**



Lilah –  
Congratulations on your 5 years at MTDS! We are so proud of all you have accomplished and love watching you light up on stage. Always remember that you can do anything you put your mind to. We love you lots!

Love, Mom, Dad & Max

OLIVE SIMMONS



Olive Rose, we love how you always shine your light wherever you go and bring happiness to everyone around you. Keep smiling, dancing, and being YOU. We love you so much and are beyond proud of you!

Love,  
Mom, Dad, and Gus



CLARA



Congratulations on your first show, Clara! We are proud of you today, and every day. Keep on shining.

Love you!  
Mom, Dad and  
Bennett

**MARIELLE SZYNDLAR**



Marielle, congratulations on completing your 5th year of dance! Your smile and love for dance shine every time you are on stage. We are so proud of you!

Love, Mom, Dad, & Brody

**MACY ROY, MADELYN SPENCE + ADELYN FERREIRA**



**Watching your friendship shine both on and off the stage has been so special. We are so proud of the way you support one another and light up the stage together. Keep shining, girls!**

**Love, Your Biggest Fans**

**CHARLOTTE ADAMS + SAVANNAH TORRES**



Today is your day Charlotte! First Recital! Shine bright  
sweet girl! We are so proud of you!

Love, Daddy, Mommy, & Philip

Your very First Recital Savannah! We are so proud of you!

Shine bright beautiful!

Love, Daddy, Mommy, & Adrian

**SKYE & CALI BRIGHT**



Skye & Cali, keep shining "bright" girls. We are so  
incredibly proud of all you put in to your dancing. You  
absolutely shine on that stage. You've had such a  
great year; can't wait to see what next year brings.

Love Mom, Dad & Monga



**ISABELLA REGO**



**Congratulations on another  
year of dance! We love you  
so much! Enjoy the stage as  
always! Love Mom, Dad,  
Evan & Tato**

**MADDY, REAGAN & LEAH**

**We are so very proud of our beautiful dancers! You three continue to light up the stage and light up our lives every single day! You are a trio that makes life so special! Keep letting your lights shine...we love you more than you'll ever know!**



**GRACE PIMENTAL**



To our beautiful dancing,  
meant-for-the-stage  
Gracie girl: you amaze us  
every day! We are so  
proud of you!

Love, Mom, Dad and Liam

Smile big and shine bright Charlee!!  
We are so proud of you!  
Love Mom and Dad



**CHARLEE COLEMAN**

**AVAYA DUARTE**



**Avaya May, we are so proud of you! You are going to shine on the stage! Keep reaching for the stars. We love you so much!**

**Love,**

**Mommy, Daddy, Trevor and Bentley** ♡



**VIVIANA OLIVEIRA**

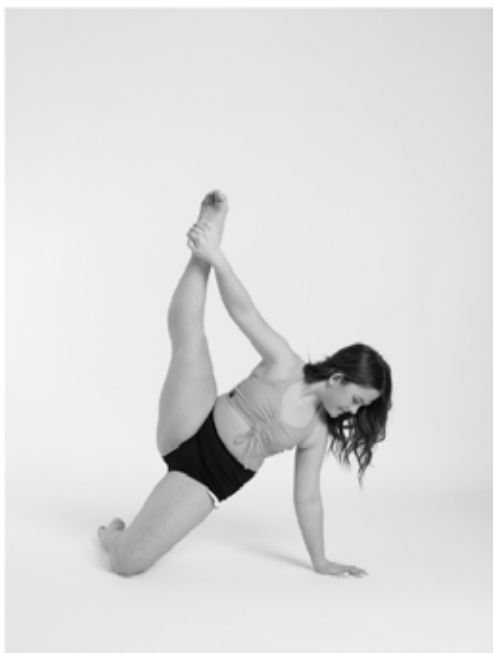


Vivi we are so proud of all you've accomplished this year! We can't wait to watch you shine on stage!

Love,

Mommy, Daddy  
and Alana

**KHLOE GIFFORD**



Khloe we are so proud of you! You have come so far and we love watching you on stage! Keep shining and reaching for new goals! We love you so much!

Love Mom & Dan

**LAINNEY POWERS**

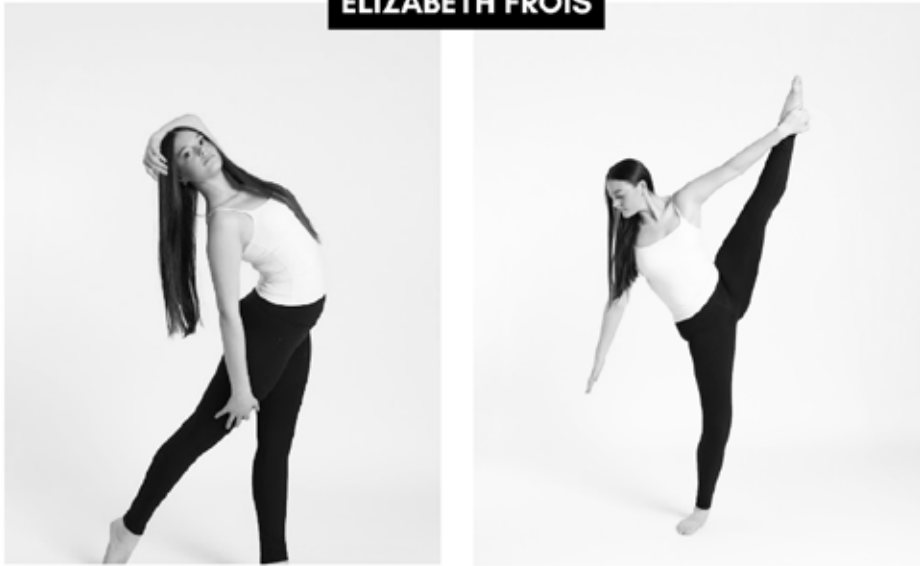


Lainey, dance with  
your heart and let  
your personality  
shine!

We love you, Auntie  
Sharon & Uncle  
Johnny



**ELIZABETH FROIS**



Elizabeth,

Watching you grow this year has been truly inspiring. With every rehearsal, performance, and challenge, you have continued to develop not only your dance skills, but also your confidence and strength. Your commitment, courage, and dedication shine through in everything you do.

We are so proud of the hard work you put in, the passion you bring to the stage, and the determination you show every day. Keep believing in yourself and embracing new challenges.

Congratulations,

**LILY GLASSMAN**



Keep shining,  
Lily! We love you!  
Mom, Dad &  
Zack

**ELLA YARMAC**



We love you  
Ella Rose!  
Keep on  
dancing.

**CECELIA TRAHAN**



Your final recital but not your last dance. The stage has helped mold you into the beautiful person that you are today. We are beyond proud of you and cannot wait to see your next dance.

We will always be your biggest fans.  
Love, Mommy and John, Daddy and Erica,  
Annabel, Nolan, Grayson and Sydnie

## LAINY POWERS

To our girl, LJ, who puts her whole heart into every single step—

11 years of dedication, and we've loved watching every moment. From your very first class to the competition stage, you've never stopped working, never stopped growing, and never stopped amazing us.

Nationals is next, and we already know you're ready.

We are so proud of you Lainey!

With all our love,  
Mom, Chace & Ava



ROYA DEMELO



Roya,

Watching your passion, dedication, confidence, and love for dance grow over the years has been such a joy. From your very first class to all the performances, practices, friendships, and memories along the way, you continue to make us so proud every single day.

Keep shining on and off the stage, chasing your dreams, and dancing with your whole heart. We can't wait to see what the future holds for you!

Congratulations on 5 wonderful years of dance, Roya.  
We love you! Mom & Dad.



Avery, Arden and Celia -  
I can't believe we've come to the end of the road...it's been an incredible ride dancing with you girls for all these years! I've gained the best of friends and cherish every moment! I'll miss you all so much next year...will miss you beside me on the stage, but know you're all going off to do great things! I love you!

xoxo Maddy

**AUNDREA OLMEDA**



Aundrea,  
Keep shining bright  
and dancing your  
heart out!  
We love You!  
Mom & Gaby

Hailey!!! Every  
year you have  
even more fun!  
We love seeing  
the joy you bring  
to dance and  
life. We love you  
so much! xoxo  
Mom, Dad and  
all the family



**HAILEY PATNAUDE**



To Our Shining Star,  
This year, we could not be more  
proud of the kind, strong, and  
resilient dancer you have proven to  
be. You shine brightly and rise above  
every challenge with your beautiful,  
infectious smile.

Keep dancing, keep shining, and  
never forget how deeply you are  
loved!

All our love,  
Dad, Mom, Avery and your entire  
Family xoxo



ALEX COHEN



Abby, Liv, Regan, & Makenna,  
Break a leg to four beautiful girls who shine brighter together!  
We're so proud of your hard work. Have the best time on stage!  
Love, Your Moms



ABBYGALE AVILA, OLIVIA MATHIEU,  
REGAN + MAKENNA PENNINE

## AVERY AND HATTIE PARKER



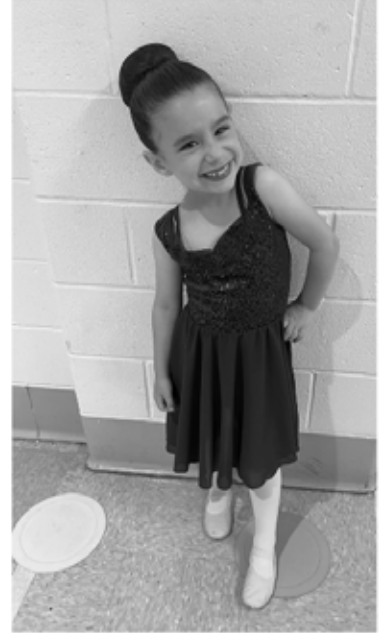
You both make us so proud -  
your passion, joy and love for  
dance shines through when  
you are on stage.

Congratulations on another  
successful dance season!

We love you!

Your Family

**MADILYN SILVA**



**Madi!!! Mommy is so so  
so so super proud of all  
your hard work this  
season! I love you so  
much my little mini me!  
Keep shining my love!  
Love Mommy, Mike,  
Kelcie, Mason and  
Scootie**



**ELLE BRIGHTMAN**



Cheers to 11 years!!!  
On or off the stage,  
your presence is  
always powerful, your  
beauty beams bright  
and your grace carries  
you. What you lack in  
size you make up ten  
fold in tenacity. Tiny,  
but mighty. Elle, we  
love you so much xoxo  
-Mom, Scott, Cam,  
Taylor & Quinn

**WILLOW & ELOISE NILES**



Willow & Ellie  
We are so proud of  
how much you have  
accomplished!  
Love,  
Meemaw & Papa

**ELOISE NILES**



Eloise,

Our little sass queen! You've slayed another year of dance! We are so excited to see all that's to come for you!

Love your biggest fans,  
Mom, Dad, Willow & AJ

**ELLA TORREN**



We are so proud of how hard you work, and how far you've come in your dance journey!

We love you so much!!!!

Willow,

You have so much to be proud of this year, especially taking on your first solo! You shine so bright and we can't wait to see what the future holds for you!

Love your biggest fans,  
Mom, Dad, Ellie & AJ

**WILLOW NILES**



**LAINY POWERS**



We are so proud of your dedication to dance and all that you've accomplished!!!!

**LAINY POWERS**



Lainey,  
Congratulations on  
your 11th year of  
dance! I love watching  
you do what you love!  
Can't wait to see you  
shine at Nationals!  
Love, Grandma

Scarlett Rose, We are so proud of you! Keep shining on  
stage and doing what you love!  
Love, Mom, Dad, Parker and Family

**SCARLETT AMARAL**



**A'MYA ACEVEDO**



A'mya,  
Twelve years of dance, dedication, hard work, and passion, and it has been such an incredible journey to watch. You continue to amaze me with your talent, determination, and the beautiful young woman you have become.  
Keep reaching for the stars, chasing your dreams, and believing in yourself. There is no limit to what you can accomplish. I'll always be cheering you on!!

So proud of you!! Love, Mom



Camila,

Happy 1st Dance Recital!

We are so proud of you and can't wait to watch you shine on stage. Keep smiling, dreaming big, and dancing your heart out!

We love you so much!

Love,  
Mom, Dad & Siena ❤️



**CAMILA PIRES**

Lainey, Congratulations on another successful year of beautiful dancing. We love you! Auntie Kathy & Uncle Fred



**LAINAY POWERS**



**Way to go Amelia!  
We are so proud  
of you! Keep on  
smiling!**

**Love, Mom, Dad,  
Addison, Otis &  
Penelope**

**AMELIA COLUCCI**





**MILANIA VIVEIROS**



Milania,  
watching you dance brings us so much joy. Your hard work, confidence, and passion shine every time you step on stage. We are so proud of you and love you endlessly! Love Mom, Dad and Benjamin



LEVEL 3 JUNIORS



Dance hard, stay humble,  
and slay the stage, girls!

Love,  
Your Moms

Dance big, dream bigger, and enjoy  
every second on that stage!  
We are so proud of each and every  
one of you!  
Love, your families!

**JUNIOR APPRENTICE**



AUNDREA OLMEDA



You shine so bright on that stage  
doing what you love, keep shining!!

I Lov Chu

xXooOxX -Dad

**JULIANA BARROQUEIRO**



**Juliana Rae,  
You continue to amaze us every year with  
your passion, dedication and love for  
dance. Keep being the bright light that  
you are! We are so proud of you!**

**We love you!  
Mom, Dad & Dominic xoxo**

## HANNAH WOODMAN

Hannah, we are so proud of the teammate, friend, and dancer you are. Keep working hard and lead with passion in all that you do. We love you!  
Love, Mom, Dad, Matthew, and Cade



**RORY COOGAN**



Rory, we are so proud of you. We love to watch you perform. We can't wait to see where all your practice takes you!

Love, Mom, Dad,  
and Owen

# SUMMER CAMPS 2026

**jul 20-23**

## PRINCESS CAMP

9:00 AM - 12:00 PM | ages 3-7

crafting • games • dance • fairytale fun

**jul 27-30**

## PERFORMANCE + TECHNIQUE CAMP

9:00 AM - 12:00 PM | ages 6-10

1:30-4:30 PM | 10+

**aug 03-06**

## ACRO CAMP

9:00 AM - 12:00 PM | ages 4-7

1:30 PM - 4:30 PM | age 8+

**aug 10-13**

## MTDS COMPETITION INTENSIVE

*Schedule to come*