



**the motion  
movement**  
**2025**

**TENTH ANNIVERSARY**

**6.21.25 | 3 PM | SHOW 2**

# MTDS STAFF



**Cortney  
Woodman**

Owner and Director



**Elizabeth  
Fournier**



**Alysha  
Elie**



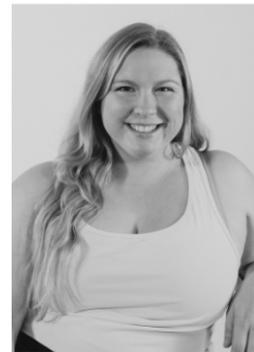
**Andrea  
Souza**



**Jessie  
Payson**



**Anna  
Dankel**



**Rachel  
Mello**

## **Volunteers**

Thank you to the Puza and Woodman families, John Collins, our incredible MTDS volunteers, and alumni for helping bring this show to life. We truly couldn't do it without you!

## **Videographer**

Rachael Schaffert

## **Program Design + Photography**

Chelsey Puza Photography

# AWARDS

## 5 YEARS

Claire Bernardini  
Cora Bernardini  
Cali Bright  
Elizabeth Frois  
Lilliana Glassman  
Lola Lygren  
Grace Pimental  
Skyla Pimentel  
Isabella Rego  
Hannah Woodman

## 7 YEARS

Alex Cohen  
Charlee Coleman  
Emma Yates

## 10 YEARS

Elle Brightman  
Ella McDonald  
Avery Parker  
Lainey Powers  
Reagan Sedgwick  
Avery Smith

## 12 YEARS

Arden Dennehy

### Spotlight Students:

Avery Smith, Ella McDonald, Amelia Colucci, Khloe Gifford,  
Sofia Amaral, Claire Bernardini, Cora Bernardini, Noelle  
Bernardini, Quinn Fuertes, Skye Bright, Juniper Pogash,  
Elle Brightman and Acelyn Fitzgerald

DOORS OPEN 15 MINUTES  
BEFORE SHOW TIME.

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**ENJOY  
THE  
SHOW!**

SCAN FOR  
DIGITAL  
PROGRAM



# WELCOME TO OUR SHOW!

## **1. In Case You Don't Live Forever**

A'mya Acevedo, Juliana Barroqueiro, Elle Brightman, Gianna Collins, Reese Crook, Raegan Eckstrom, Acelyn Fitzgerald, Lainey Powers, Morgan Rocha, Reagan Sedgwick, Cecelia Trahan, Hannah Woodman

## **2. Like This**

Sofia Amaral, Averey Cohen, Jasmine Collins, Addilyn Costa, Elizabeth Frois, Harper Hagerty, Alaina Lavoie, Ella McDonald, Hattie Parker, Lily-Ann Pimentel, Juniper Pogash, Avery Vieira

## **3. Hawaiian Roller Coaster Ride**

Lucy Amaral, Iola Barmonde, Jade DAgostine, Mackie DAgostine, Adelina Fei, Alayna Lydon, Aliza Melo, Prema Patel, Ellie Piva, Raegan St. Jacques, Salem St Jacques, Hanna Sylvia

## **4. Fly**

Reese Crook

## **5. Goosebumps**

Skye Bright, Brooklyn Collins, Willow Niles

## **6. Material Girl**

Mila DeBarros, Quinn Hagerty, Nora Rossi, Eden Vaz

## **7. Neverland**

Lily Griffith

## **8. Conga**

Addilyn Costa, Alaina Lavoie, Lily-Ann Pimental, Avery Vieira

## **9. Bump**

Skye Bright, Alexandra Cohen, Charlee Coleman, Brooklyn Collins, Khloe Gifford

## **10. Fabulous**

Raegan Eckstrom

## **11. What Is This Feeling**

Mila DeBarros, Quinn Hagerty, Nora Rossi, Eden Vaz

## **12. Flashlight**

Madilyn Silva

## **13. Build Me Up Buttercup**

Lucy Amaral, Alayna Lydon, Aliza Melo, Hanna Sylvia

## **14. Where They From**

A'mya Acevedo, Juliana Barroqueiro, Elle Brightman, Reese Crook, Gianna Collins, Lainey Powers, Morgan Rocha, Reagan Sedgwick, Hannah Woodman

## **15. Self Love**

Leah Pimental

## **16. Strut**

Claire Bernardini, Lily Griffith, Ella Paulino, Emery Rocheleau, Madilyn Silva

## **17. Daydream**

Jasmine Collins, Elizabeth Frois, Harper Hagerty, Ella McDonald, Avery Parker, Hattie Parker

## **18. Black Car**

Arden Dennehy, Talia DeSousa, Acelyn Fitzgerald, Madelyn Sedgwick, Avery Smith, Cecelia Trahan

## **19. My Tribe**

Aria Azevedo, Claire Bernardini, Reese Crook, Raegan Eckstrom, Lily Griffith, Willow Niles, Aundrea Olmeda, Ella Paulino, Leah Pimental, Morgan Rocha, Emery Rocheleau, Madilyn Silva, Milania Vivieros, Emma Yates

## **20. Wannabe**

Ava Catalan, Sophia Couto, Mila DeBarros, Quinn Hagerty, Madison Mills, Nora Rossi, Olive Simmons, Eden St. Jacques, Eden Vaz

## **21. What About Us**

A'mya Acevedo, Juliana Barroqueiro, Elle Brightman, Gianna Collins, Lainey Powers, Reagan Sedgwick, Hannah Woodman

## **22. Let's Get Glam**

Ella Paulino

## **23. Keeping Your Head Up**

Ava Catalan, Avery Cohen, Jasmine Collins, Quinn Hagerty, Ella McDonald, Kendyll Nelson, Avery Parker, Hattie Parker, Lily-Ann Pimentel, Juniper Pogash, Isabella Rego, Olive Simmons, Eden Vaz, Avery Vieira, Ellieanna Zecco

## **24. If You Can Dream**

Scarlett Amaral, Viviana Ariagno, Ava Calderbank, Rory Coogan, Lily Kaeterle, Sydney Lydon, Pearl Stanton

## **25. Que Calor**

Aundrea Olmeda

## **26. Burning Love**

Skye Bright, Alexandra Cohen, Charlee Coleman, Brooklyn Collins, Gianna Collins, Jasmine Collins, Reese Crook, Raegan Eckstrom, Elizabeth Frois, Khloe Gifford, Harper Hagerty, Ella McDonald, Willow Niles, Avery Parker, Morgan Rocha, Milania Viveiros

## **27. Stargazing**

Claire Bernardini, Lily Griffith, Ella Paulino, Leah Pimental, Emery Rocheleau, Madilyn Silva

## **28. Move**

Jasmine Collins, Elizabeth Frois, Harper Hagerty, Ella McDonald, Avery Parker, Hattie Parker

### **29. Lovely**

Mila DeBarros, Quinn Hagerty, Hattie Lavoie, Madison Mills, Kendyll Nelson, Isabella Rego, Nora Rossi, Olive Simmons, Eden Vaz

### **30. Candy Girl**

Aria Azevedo, Skye Bright, Alexandra Cohen, Charlee Coleman, Brooklyn Collins, Reese Crook, Raegan Eckstrom, Khloe Gifford, Willow Niles, Aundrea Olmeda, Morgan Rocha, Milania Viveiros, Emma Yates

### **31. Rise Up**

Alaina Lavoie, Juniper Pogash, Avery Vieira

### **32. Yes, Yes I Can**

Emery Rocheleau

### **33. You'll Be Okay**

Aria Azevedo, Reese Crook, Raegan Eckstrom, Willow Niles, Aundrea Olmeda, Morgan Rocha Milania Viveiros, Emma Yates

### **34. Wonder Of It All**

Lucy Amaral, Alayna Lydon, Aliza Melo, Hanna Sylvia

### **35. Barbie Dreams**

Claire Bernardini, Lily Griffith, Ella Paulino, Leah Pimental, Emery Rocheleau, Madilyn Silva

### **36. If You Feel Like Rockin'**

Scarlett Amaral, Viviana Ariagno, Ava Calderbank, Rory Coogan, Lily Kaeterle, Sydney Lydon, Pearl Stanton

### **37. Shoot For The Stars**

Milania Viveiros

### **38. Hold On To Me**

Skye Bright, Alexandra Cohen, Charlee Coleman, Brooklyn Collins, Khloe Gifford

**39. Get Up**

Morgan Rocha

**40. This Wish**

Claire Bernardini

**41. Remedy**

Arden Dennehy, Talia DeSousa, Acelyn Fitzgerald, Madelyn Sedgwick, Avery Smith, Cecelia Trahan

**42. I Slay**

Mila DeBarros, Quinn Hagerty, Hattie Lavoie, Madison Mills, Isabella Rego, Nora Rossi

**43. Forever Young**

Aria Azevedo, Claire Bernardini, Skye Bright, Alexandra Cohen, Charlee Coleman, Brooklyn Collins, Reese Crook, Raegan Eckstrom, Khloe Gifford, Lily Griffith, Willow Niles, Aundrea Olmeda, Ella Paulino, Leah Pimental, Morgan Rocha, Emery Rocheleau, Madilyn Silva, Milania Viveiros, Emma Yates

**F I N A L E**

THANK YOU!

**To the MTDS Community –**

As we close out another incredible season at Motion The Dance Studio, I find myself reflecting with a full heart. This year marks my tenth anniversary as the owner of MTDS—a milestone that fills me with deep gratitude and so much pride.

Over the past decade, I've had the honor of watching this studio grow into something truly special. Our program has built strong, confident dancers who shine on stage—but it's the little in-between moments that mean the most. It's hearing about a first big school presentation, a birthday sleepover, or the excitement of a new baby sibling. It's the hugs at drop-off, spontaneous dance parties, and those silly, unforgettable backstage memories.

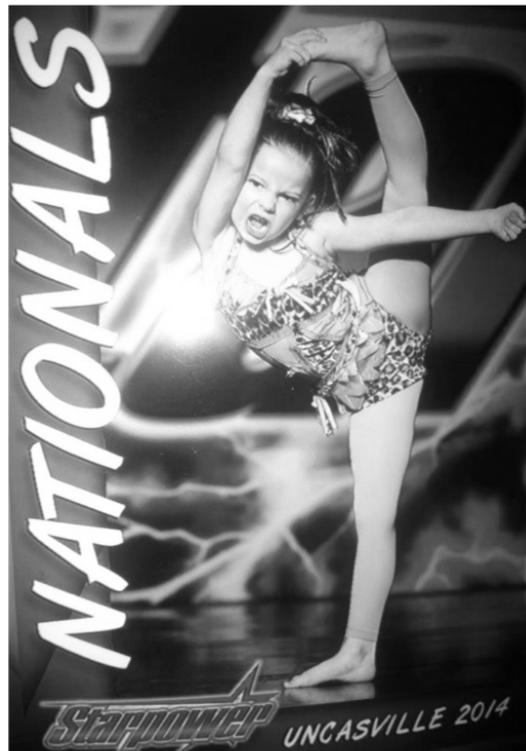
What we've built here is more than a dance program—it's a community rooted in connection. I'm endlessly proud to lead a team that pours so much into our students and equally thankful for the families who believe in what we do.

Thank you for another unforgettable year. Your support, commitment, and love have helped shape what MTDS is today. Here's to everything we've accomplished... and all that's still to come.

*-Miss Cort*

Acelyn,  
Congratulations on  
your Senior Recital!  
Over the years, it has  
been such a joy to  
watch you bring your  
passion for dance to  
life onstage. We are  
so very proud of you!  
- Your Loving Family

ACELYN FITZGERALD



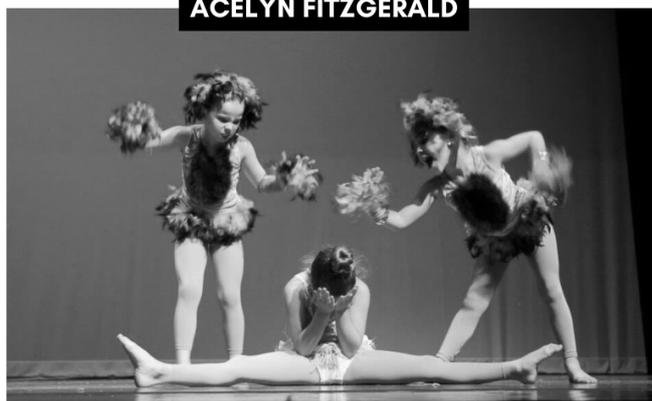
To our girl Ace,

Whether it was giving superhero or scientist, you always understood the assignment. You were the powerhouse of our trio, bringing an energy that hit different and made every performance standout. Ngl, our years dancing together are a core memory we'll have forever.

We're so excited to watch you take that power to the University of Tampa Spartan Scarlets. Forever our little lion with the explosive stage presence. You're going to crush it!

We'll always be your biggest fans!  
Love, Ava & Carlie

**ACELYN FITZGERALD**



**ADDY & ELLY DUBOIS**



Addy & Elly,  
We are jazzed up to  
watch you dance.  
Whenever you take the  
stage, you both shine and  
make us so proud! Keep  
smiling and have fun!

Love, Mom, Dad, Jilly,  
Cassy, Benjy and the  
whole family!

**LILLIANA GLASSMAN**



Lily, keep shining bright!  
You are a star!  
Mom, Dad & Zack love  
you so much.

We love watching you do  
what you love. You have so  
much passion for dance  
and it is beautiful to watch.  
Keep dancing, keep shining!  
We love you, Cecelia!

Your biggest fans, Mommy  
and John, Daddy and Erica,  
Annabel, Sydnie, Nolan and  
Grayson



**CECELIA TRAHAN**

**ISABELLA REGO**



**Enjoy the stage & have fun!  
Love Mom,Dad & Evan**

## LAINIEY & AVA POWERS



Lainey, thank you for sharing your beautiful, open spirit with us through your dance. Every expression reveals a genuine piece of you, and it is a joy to watch you translate your feelings into movement. The honesty you share on stage is a true gift. We are your biggest fans, today and always. Break a leg at nationals! We are so proud of you. Love, Ava, Chace & Mom

Ava, thank you for shining your light and leading with your heart wherever you are. It's impossible not to notice your authenticity no matter what you are doing. Thank you for closing this circle and bringing your energy for one last performance with our Motion family! We are in awe of you.

Love, Mom, Chace & LJ

**SKYE & CALI BRIGHT**



Skye & Cali, I am so proud of how hard you've worked this year and how much you have improved. I just love watching you do something you love so much! Keep up the good work.

Love, Monga

**ELLE BRIGHTMAN**



**Congratulations, Elle on year 10!!!**

**We could not be more proud of you , whether on stage or off, you always shine bright and make your mark.**

**We love you!!**

**AVA CATALAN**



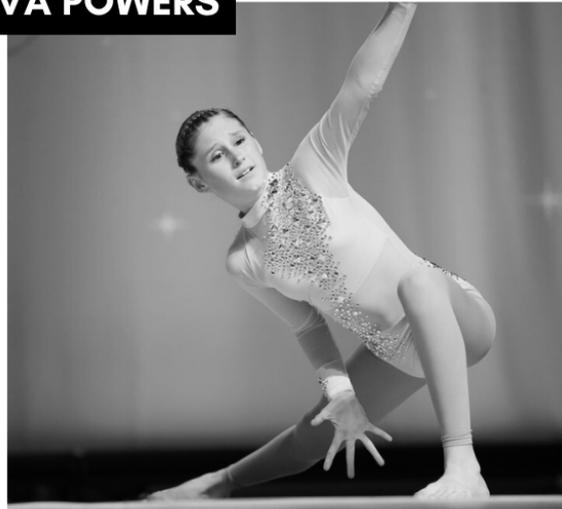
**We are so proud of you!  
Great job this year!  
Love, Mom and Dad  
xoxoxo**

**IZABELLE CATALAN**



**Great job this year! You're a superstar!  
Love, Mom and Dad xoxoxo**

**LAINY & AVA POWERS**



Lainey Jayne,  
Your hard work and dedication to dance and  
everything you do is inspiring to watch. We are so  
proud of you!

Ava, Congrats on your graduation and looking forward  
to lots of lunches together during your freshman year of  
college! Can't wait to see where your next chapter  
takes you!

We love you both! Grandma & JD

**LAINY & AVA POWERS**



Lainey, We continue to be so proud of your dedication to your dancing. It's a pleasure to watch you!



Ava, What a wonderful and delightful surprise! Congrats high school graduate!

Love Auntie Kathy,  
Uncle Fred & Milo



**RORY COOGAN**



Rory, we are so excited to watch you in your very first recital. Your love for dancing and performing brings joy to us all. We love you so very much!

Love,  
Mom, Daddy and Owen

**HAILEY PATNAUDE**



Hailey!!!!  
Congratulations on your 6th year at Motion! You have worked hard and had a lot of fun. We love watching you dance and all the positive energy you bring to it. Enjoy the day!

Lots of love,  
Mom, Dad, and all the family  
xoxoxoxo

**AVAYA DUARTE**



Avaya, we are so proud of you!! You have grown so much this year. Keep dancing, dreaming and being you! You were born to shine! Always reach for the stars! We love you so much, sunshine!

Love,  
Mommy, Daddy, Trevor  
and Bentley

Avery and Hattie,  
Watching you both dance fills our hearts with pride and joy.  
Your dedication to what you love inspires us every day.  
Seeing you grow-not just as dancers, but as strong, graceful young women-has been one of our greatest joys. Always know how proud we are of you, both on and off the stage.

With endless love,  
Mom and Dad



**AVERY AND HATTIE PARKER**

**LAINNEY & AVA POWERS**



Lainney, you will  
always be our  
shining star!



Ava, Keep  
shining... the  
world needs your  
light!

Love, Auntie  
Sharon & Uncle  
Johnny

**To our three shining stars - you make us so proud! Your passion and sparkle light up the stage! Dance with joy and know we're cheering you on every step of the way! We love you today and always! XO, The Sedgwick and Pimental Families**



**MADDY, REAGAN & LEAH**

**EVELYN PELLAND**



We are so proud of you, Evie girl!  
Love, Mom, Dad, and Gavin



**ELIZABETH FROIS**



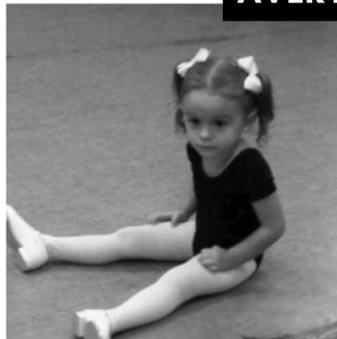
Elizabeth, We are so incredibly proud of you and all the hard work and dedication you've poured into your dancing. Watching you grow into such a graceful, confident performer has been a true joy.

Love Mom, Dad,  
Nathaniel, Meredith

Forever proud of  
you Smitt! Keep  
shining!

Xo Love,  
Mom, Dad,  
Kenzie and Aiden

**AVERY SMITH**



Olive, we are so  
proud of you!  
Keep shining  
your light!  
We love you,  
Mom, Dad, &  
Gus

**OLIVE SIMMONS**





**MILANIA VIVEIROS**

Congratulations Milania on another dance season. We know how passionate you are about dance and love watching you perform. We loved watching you perform especially your first solo. Shoot for the stars! We are so incredibly proud of you! Love Mom, Dad and Ben



**AUNDREA OLMEDA**



So proud of  
you. Keep  
shining and  
doing what you  
love! We love  
you Draya!  
Mom & Gabby

**EVELYN PELLAND**



Have so  
much fun  
out there  
Evie!  
Titi & Sage  
love you!!

**AILISH CORNELL**



We love watching you dance your heart out! Keep dancing through life. Our beautiful star! xoxo

The two of you make our family prouder with everyday! Keep being yourselves on stage and off and the future is yours!! We love you both so much!! Love Always, Mom and Dad  
xoxo



**AVEREY AND ALEX COHEN**

**JULIANA BARROQUEIRO**



**Juliana Rae - you shine so bright on and off the stage! We are so proud of all your growth and accomplishments this year.**

**Keep reaching for the stars!**

**Love, Mom, Dad & Dominic xoxo**

## MINI APPRENTICE



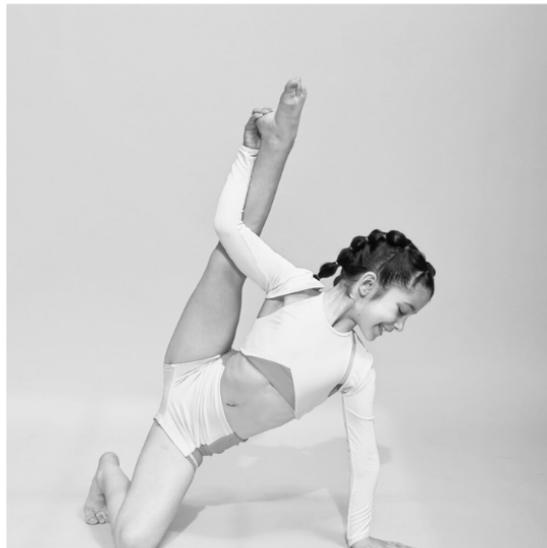
Congratulations on an INCREDIBLE first year. We have loved watching you grow as dancers and as friends and are so incredibly proud of all you have done so far...including winning 2 first place titles! We love your hearts and your sass and can't wait to see all that you'll do next.

Love, Your Moms & Dads

Our dancing divas.

It's crazy to think you're finishing off your 8th and 6th year of dance. Every year you impress us more and more with not only your enthusiasm and love for dance, but with your hard work and commitment. This year has been your best yet and we know the future for you is so bright. Keep shining little stars!

Love,  
Mom, Dad, Papa & Meemaw



**WILLOW & ELOISE NILES**

## PETITE COMP TEAM

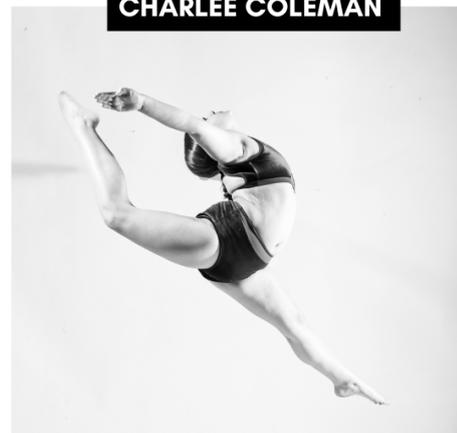


We are so incredibly proud of your dedication, grace and perseverance this season. This team grows stronger with every performance and we cannot wait to see you on the stage at Nationals! We love you and we will always be your biggest cheerleaders! Enjoy every moment on stage!  
Love, The Bright, Cohen, Coleman, Collins and Gifford Families

## CHARLEE COLEMAN

Charlee,  
Congratulations on completing your 7th year of dance. Your love for dance shows in your entertaining stage presence. Keep continuing to shining...you will always be our little star.

Love,  
Mom and Dad



**GIANNA, JAZZY, AND BROOKIE**

Gianna, Jazzy, and Brookie,

We are so lucky to witness your passion for dance grow every year and with every performance. You have each stepped further outside of your comfort zone this year and it is clear how much energy, hard work, and dedication you have given to your teams. We can't wait to see you bring that joy and enthusiasm to the stage one more time at nationals! Love, Mom and Dad



To My Beautiful Dancer Skyla Belle,

Watching you dance over the years has been one of my greatest joys. From your very first recital, to now being part of the apprentice team, I've seen you grow not just as a dancer, but as a strong, graceful, and determined little lady.

Every twirl, every leap, every practice and every performance has shown your passion and heart. You've worked so hard, and now receiving your 5th Year Award at Motion shows your dedication. I couldn't be more proud of the person—and the artist—you are becoming.

Here's to seeing where your journey takes you next. No matter what stage you're on, always know I'll be in the audience, your biggest fan, cheering you on with tears in my eyes.

Keep dancing, keep dreaming, and keep shining.

Love you always,  
Mom



**SKYLA PIMENTEL**



**ROYA DEMELO**



**Roya, you have grown so much as a dancer this year. We are so proud of you!  
Love, Mom and Dad**

**A'MYA ACEVEDO**



A'mya, My beautiful girl we are so proud of you, you amaze us with all of your talents! We love to watch you shine on stage, keep up the good work!!

Love,  
Mom, Dad and Adrian

**BEAUTY BY**  
*Britt*

**Lashes • Skin • Hair**

24 Slocum Road  
Dartmouth MA, 02747  
774-305-5206

**SOPHIA GRACE HERMENEGILDO**

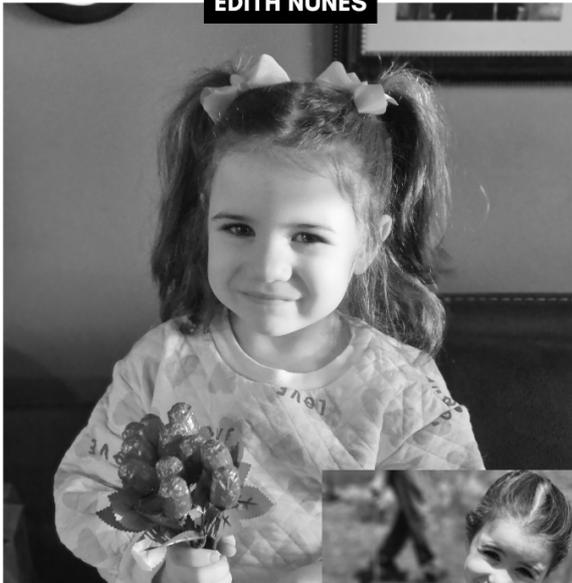


Sophia, may your passion for movement through dance continue to inspire creativity and ignite your spirit. Dream big and shine bright, always.

We love you beyond words!

Mom, Dad, and Preston

**EDITH NUNES**



To our beautiful daughter on her first dance recital, Mama and Dad are so proud of you, Edith!

We are so proud of you Marielle! Your love for dance shines every time you are on stage. Keep smiling and working hard.

We love you!  
Mom, Dad, & Brody

MARIELLE SZYNDLAR



To our beautiful Gracie girl:  
We are so proud of your hard work this year! Reach for the stars!  
Love Mommy,  
Daddy and Liam

GRACE PIMENTAL



**Lilah -**

**We are so proud of the progress you have made this year and the beautiful dancer you have become. Keep shining bright and bringing the sass to the stage.**

**We love you!**

**Love, Mom, Dad & Max**



**TEEN APPRENTICE TEAM**



To our incredible girls,  
Your hard work, dedication, and passion shine in every step you take on stage reminding us of the power of teamwork and believing in yourself. Watching you grow together as teammates and dancers has been a gift to us all. Keep lifting each other up-this is only the beginning of your beautiful journey.  
With love and pride,  
Your Families



To MTDS Staff,  
Your guidance has helped our girls grow not only as dancers but as confident, passionate individuals. We are so grateful for the energy and support you give to the them.

## THE JUNIORS



**Every time you step on stage, we're in awe of the strength, talent and confidence you showcase. You bring so much energy and heart to every performance, and it's a joy to watch you dance together!**

**With Love,  
Your Moms & Dads**

“You Can Be Anything”!  
Your dedication to dance and the  
support you provide each other is  
incredible. We are so proud.

Love you!  
Mini Moms

**THE MINIS**



**AUNDREA OLMEDA**



My beautiful dancer, I am so proud of you! Watching you perform on that stage fills my heart with joy and pride.

Keep shining and dancing with all your heart, you're amazing! Love you to the moon and back XoOOoXXxxO

Love, Dad

# SUMMER CAMPS 2025

**jun 11TH**  
DAY CAMP

## ATHLETES IN TRAINING

9:00 AM - 12:00 PM | ages 3-7  
obstacle courses • games • tumbling & more!

**jul 21-24**

## PRINCESS CAMP

9:00 AM - 12:00 PM | ages 3-7  
crafting • games • dance • fairytale fun

**jul 28-31**

## PERFORMANCE + TECHNIQUE CAMP

9:00 AM - 12:00 PM | ages 6-10  
3:00 - 6:00 PM | 10 & up

**aug 04-07**

## ACRO CAMP

9:00 AM - 12:00 PM | ages 4-7  
1:30 PM - 4:30 PM | age 8+

**aug 11-14**

## MTDS COMPETITION INTENSIVE

Mandatory for all MTDS competition members.  
Open to the public. Price and schedule TBD.